

THE GAIETY SCHOOL OF ACTING In Business the National theatre school of Ireland at Theatre

BUILD THE BEST TEAM

TEAM BUILDING & INSPIRATION

EXPECT THE UNEXPECTED Play in a Day



This intensive session is designed to push participants creativity and ability to work as a team by helping them devise, script and ultimately perform a new piece of theatre for stage.

worked together and picked up on each others cues there seemed to be a natural flow. Thank you for a fun and unforgatable experience ""

- Phillip Morris International

The team will learn the necessary skills to put a driving force behind your ideas. From make up and costume design to script writing, from set designing to production - each facet of a full scale theatre show will be discussed.

The play in a day session comprises intensive workshops (acting techniques, devising, script development, etc.) rehearsing and a full performance on STAGE.

Expect the Unexpected is good for:

- Improving team communication skills
- Building individual and group confidence
- Understanding effective cross-team work and collaboration
- Increasing impact and awareness of individuals within a team
- Encouraging and celebrating creative thinking
- Having fun and creating a memorable shared experience

PLAYING THE FOOL Commedia Dell'Arte



If you can stand in front of an audience and make them laugh you can give an amazing presentation and Commedia dell'Arte, the grandfather of modern comedy, has been making people laugh for centuries. Through these classes your team will learn to connect with audiences and each other through the universal language of humour.

Classes in movement, dance and comedy are all part of this intensive, fast paced and fun session. Participants will learn to express their own unique sense of humour and work together in a positive and relaxed atmosphere.

Playing the Fool is good for:

- Improving communication skills
- Understanding body language
- Unlocking creativity
- Gaining a greater understanding of others
- Building confidence and overcoming inhibitions

THINKING ON YOUR FEET

Improvisation, Imagination & Creativity



beginning of creation. You imagine what you desire, you will what you imagine and at last you create what you will.¹¹

- George Bernard Shaw

Thinking on your Feet is a fast-paced, high-energy workshop built on the founding principles of improvisation. It will give your team tools to explore more creative, innovative and imaginative solutions to a wide range of business issues.

Participants will learn how to develop the critical performance skills of being spontaneous, innovative, creative and authentic. It will enable participants to create work and present it to their colleagues in a fun and dynamic way.

This masterclass is ideally suited for those looking to enhance their creativity, build confidence, develop new skills and generate ideas quickly. It is designed to help participants to look outside the box in their approaches to making plans and solving problems.

Thinking on your Feet is good for:

- Improving your ability to visualise
- Leading change and innovation
- Increasing your capacity to take risks
- Making others feel safe to create
- Solving real problems at work