



A guide to uploading videos to Vimeo

1. To perfect your video before uploading it, Vimeo highly recommends video compression. The format and file sizes of your original video may not fit Vimeo's 500 MB restrictions, which will result in a blocky and slower video than the original.

Vimeo has a blog about video compression.

<https://vimeo.com/blog/post/video-compression-basics> <https://vimeo.com/help/compression>

2. You must have an account with Vimeo to upload a video. The basic version of Vimeo is free, and all you need is an email address and a password.

3. Select the "Choose a Video to Upload" button found under the Upload link in the menu. At this point you can change your privacy settings, we recommend setting the privacy settings to "only people I choose can see this video". Find and select your file from the file manager window that pops up. Once you've added your videos, click the "Upload Selected Videos" button.

4. Update video properties While the file is uploading you can give your video a title, description, and search tags.

5. Wait for video to process The free version of Vimeo converts all 1080p files to 720p. Vimeo will send you an once the video is finished processing

6. Open your completed video and review it. If you're not happy with the results click the "Enhance Your Video" button and use those filters and tools to improve your video.