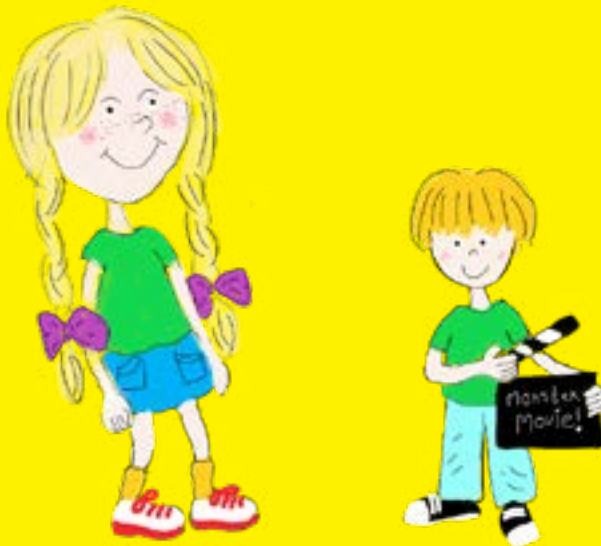




GAIETY SCHOOL
OF ACTING

Youth Theatre: *At Home*

MONSTERS FROM THE MOVIES



Drama and Creative Resources for Ages 4-12

This week we're getting technical and exploring some movie making! We run lots of Make a Movie camps at GSA so we are delighted to share some film secrets! The following resources can be used by children on their own above 8 years old*, or led by parents. Some of the tasks, such as writing and using the camera will be difficult for younger children, but they can definitely get involved in performing!

*For elements that require adult guidance we will let you know.

Have fun, be safe, and we look forward to seeing you back at GSA very soon.

***CONTENTS: DRAMA GAMES, MAKE YOUR OWN MOVIE, STORYBOARD
COLOURING SHEET AND SCIENCE EXPERIMENTS***

DRAMA GAMES

It's important to warm up before every drama class or performance. Even when you are making a movie, warm up games are not just great for warming up your body and voice, but for getting your creativity flowing. These exercises are fun, will get you moving when the playgrounds are closed, and are great for ALL ages! As much as possible, furniture should be pushed back to the sides of the room. This is to avoid any accidents. Ask a parent first!

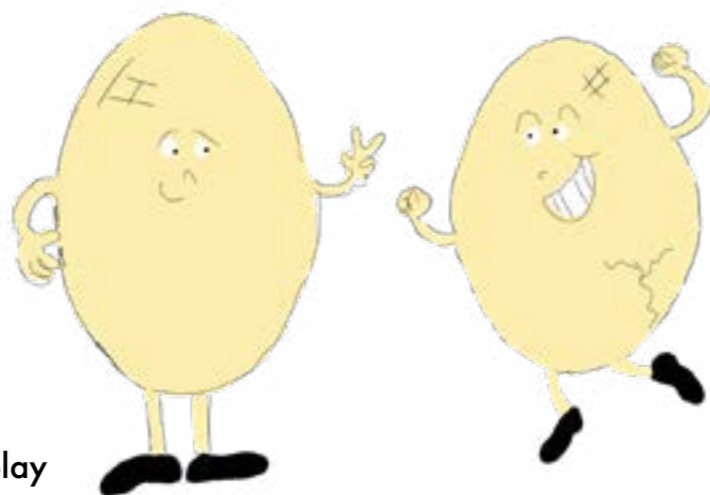
ULTIMATE BEING

There are five poses in this game:

- 1) The Egg - you crouch down on your hunkers and put your hands up above your head. Try to make an egg shape!
- 2) The Chicken - remain on your hunkers, but let's see those chicken wings moving! Also peck your beak!
- 3) Dinosaur - you have arms - but little ones. You also love to roar!
- 4) Human - you now stand up straight
- 5) Ultimate Being - this is superhero stance, so put one arm out in the air and one hand on your hip!

SO THE IDEA OF THIS GAME IS THAT THE FIRST PERSON TO GET TO THE ULTIMATE BEING IS THE WINNER.

1. Everyone starts off in the egg pose and waddles around the room as best they can until they meet another egg.
2. When you meet another egg the two eggs play Rock Paper Scissors. The winner of Rock Paper Scissors gets to turn into a chicken, the loser stays an egg until they beat someone at Rock Paper Scissors and get to transform.
3. Once you turn into a chicken you must keep pecking about the room until you find a player to play Rock Paper Scissors with. If you win, you turn into a dinosaur.
4. Each time you win at Rock Paper Scissors you get to move up a level.
5. If you get to the "human" level and LOSE you go alllllll the way back to being an egg and have to start again. If you win - you are the Ultimate Being!
6. You can keep going at this game trying to move up all the levels until everyone gets to Ultimate Being!



DRAMA GAMES

THE MAGICAL WAND OF TRANSFORMATION

WHAT YOU NEED: ONE MAGICAL WAND OF TRANSFORMATION (THIS CAN BE A LOLLIPOP STICK, A PENCIL, A WOODEN SPOON...)

One person begins as the holder of the magical wand of transformation. They must do a dramatic spell of their choice and decide a creature/monster/mystical character to turn the other players into.

Let's say the holder of the wand decides Unicorns, all the players must move and sound like Unicorns. Then the holder decides who is acting as the best Unicorn! The best Unicorn gets to be the holder of the wand now and cast their own spell.

Keep going until everyone gets a turn and maybe even play a few times!

TIPS:

- REALLY think about how you move as your creature, close your eyes, take a deep breath and imagine your arms and legs moving as that creature might move.
- Make ALL your actions really big and dramatic - this is a game so have a lot of fun!
- Be silly!

IDEAS FOR CHARACTERS TO TRANSFORM INTO

Yeti
Unicorn
Mermaid
Ghost
Robot
Dragon
Centaur
Medusa
Banshee
Witch
Wizard
Dracula
Frankenstein
A Mummy



MAKE YOUR OWN MOVIE

THE THEME OF THIS WEEK IS MONSTERS! ARE YOU READY TO MAKE YOUR OWN MONSTER MOVIE?

WHAT YOU NEED TO DECIDE ON: What happens, Where it is, Who is in it!

Why not have some fun coming up with ideas for movies with the following titles:

The Ghost House on the Hill

The Monster Under the Stairs

The Hunt for the Loch Ness Monster

The Mermaid goes to the Ball



WHO'S WHO?

WHY NOT GIVE DIFFERENT PEOPLE DIFFERENT JOBS ON YOUR MOVIE SET?

DIRECTOR: The person who decides how the actors should say their lines and where they should stand in a scene

Camera operator: The person who holds the camera and films

Actors: The people who say the lines and act out the lines- how many actors do you want in your movie?

Costume and Prop Design: This is the person who gathers all the costumes and decides what furniture and other things are in each scene.

Lighting: This is the person who makes sure the light is right in each scene

Sound: This is who makes sure you can hear what people are saying - and they might decide on music too!

YOU CAN LEARN MORE ABOUT HOW TO DO THESE JOBS IN THOM'S TOP TIPS ON PAGE 7!

Before you start writing a script you could "storyboard" your idea by drawing little pictures about what you think should happen. Use the template on the next page!

STORYBOARD

1

2

3

4

5

6

MAKE YOUR OWN MOVIE

SING ALONG!

Once you have decided all these things you can start shooting your movie. To help you, we've asked our Movie Expert Thom for help! **As you will be using a camera phone, we highly recommend that for this part parents help out. Do NOT download anything on a phone or tablet without asking your grown up.**

THOM'S TOP TIPS FOR SMARTPHONE FILM MAKING

CAMERA CONTROL:

Usually the camera on your phone will be on an auto setting, this can be good for photos but when it comes to video you want a bit more control! To help you with this you can download the OPEN CAMERA app. Here is a tutorial on how to use it!

LIGHTING:

Now that you have the camera controls you need it's time to think about lighting! Most smartphones don't produce a great picture without great light. The best light is daylight, so I would advise you film outside if you can. If you are going to film indoors, make sure there are plenty of lights so you can add and remove lights to create dramatic effect! You can use lamps or main lights. **Again, make sure you never play with electricity.**

SOUND:

Sound is 50% of a film so it is VERY important! Make sure that you can hear what the actors are saying. Make sure that they are as close to the microphone as possible and that there is no background noise (that means YOU barking dog and crying baby brother!)

MUSIC:

Music will also help set the mood and atmosphere of your video and there are plenty of free resources on the internet that allow you to download and use them in your videos. [Youtube has a great little library of sound.](#)

EDITING:

This is where you bring everything together. There are lots of free phone apps that allow you to edit your videos directly on your phone. I recommend Premiere Rush which is free and works directly on your phone. If you want to use a computer to do your editing on you can use Windows Movie Maker or iMovie.

So there you have it! My top tips for smartphone video making, these should give you a strong starting point to capturing nice videos on your phone but there is no better way to learn that by doing! So get out there and start filming!



You could try popping a song into your movie, and what better song than this? [You can check it out here on this link.](#)

THE MONSTER MASH

I was working in the lab, late one night
When my eyes beheld an eerie sight
For my monster from his slab, began to rise
And suddenly to my surprise
He did the mash, he did the monster mash
The monster mash, it was a graveyard smash
He did the mash, it caught on in a flash
He did the mash, he did the monster mash
From my laboratory in the castle east
To the master bedroom where the vampires feast
The ghouls all came from their humble abodes
To get a jolt from my electrodes
They did the mash, they did the monster mash
The monster mash, it was a graveyard smash
They did the mash, it caught on in a flash
They did the mash, they did the monster mash



YOU'VE CRACKED IT!
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YOUR 20% DISCOUNT CODE OF
20GSAEASTER. ONLY VALID UNTIL
APRIL 13TH!

THE MAD SCIENTIST

** PARENTAL GUIDANCE IS RECOMMENDED HERE WHEN USING SCISSORS

Monster Movies are great fun, but what makes them even better are all the monster special effects that movie makers use. All you need is some household items, a bit of imagination and a little movie magic science!

FLYING MONSTERS!

From Theatre Makers, to Magicians and Movie Makers, special effects have been in use for hundreds of years. Now you can create your own special effect by creating a monster that appears to fly through the air!

WHAT YOU NEED:

- Balloon
- String
- Straw
- Tape
- Scissors
- Markers
- Peg
- Glue (Optional)
- Wool (Optional)
- Coloured Paper (Optional)



HOW TO:

- Cut your straw in half and thread it onto the string
- Tie the string from the top of door and then down to the floor on the other side of the room
- Take your balloon, blow it up and use the peg to keep it blown up without tying it
- Draw a monster face on it, if you have glue you can add extra monster parts to it by sticking on wool or coloured paper
- Use the tape to stick the balloon to the string
- Take the peg of the Balloon and see what happens!

THE SCIENCE BIT

When you blow up a balloon, you force extra air into it, creating higher air pressure inside the balloon than outside of it. Given the chance, the air inside will try to move to a lower-pressure environment—which is why, when you take the peg off, all the air you added will rush out again, pushing the balloon in the opposite direction.

SLIME!

What good is a MonsterMovie without slime? This disgusting gooey material has been terrifying people (mostly parents) for years! A lot of Slime recipes need Borax (which is hard to get) or even contact lens solution. Here is a simple slime recipe for you to try at home with ingredients which you should have in the kitchen or be able to get in the local shop.

WHAT YOU NEED:

- Dish washing liquid or liquid soap
- Food colouring
- Cornflour
- Bowl for mixing and something for stirring
- Measuring spoons
- Container
- Food colouring

HOW TO:

- Place ½ cup of cornflour in the bowl.
- Add ¼ cup dish washing liquid or liquid soap.
- Add a few drops of food colouring of your choice.
- Mix well then remove from the bowl and knead and that's it!



THE SCIENCE BIT:

Slime is a bit funny, it acts a little like a liquid should and a little like a solid should. This is why scientists call it a non newtonian fluid. So why is it non newtonian? Basically slime does not behave like water would in the same situation and water is considered a newtonian substance This is named after the observations of a great scientist Isaac Newton. In fact, you have probably eaten a non newtonian substance. If you have ever eaten a bowl of custard or had some ketchup with your chips. Both are substances that dont act like water would in the same circumstances. If you apply a sudden force to them custard will solidify and Ketchup will liquify. I don't recommend eating your slime though!

We hope you enjoyed the Movie Making fun! We'd love to see all the cool movies you make! You can tag us on Facebook, Instagram and Twitter @GaietySchool or email marketing@gaietySchool.com.

You can find out all about our Young Gaiety classes and Summer Camps at gaietySchool.com

