



GAIETY SCHOOL
OF ACTING

Business Training

Online Masterclasses: Corporate Offering

GSA in Business is delighted to launch its online approach to continue its training offering for corporate clients who may wish to develop their teams skills in this time of social distanced working.

Focusing on communication, motivation, team building and creativity, the three online offerings are:

How to Lead from a Distance:

Leading and performing via conference calls (one to one) - €90

Improvisation for Teams:

1 hour session, ideally pre-lunch up to 15 participants - €375

Pause to Play:

5 day series working with a team, up to 15 participants - €1,500

New Year Revolution:

Up to 15 participants - €950

At the heart of GSA's online training are the 7 key areas of development.

Our ambition is to ensure your team can still maintain focus, motivation and a sense of team in these challenging times.



This one to one online session will prepare you for online interactions of all kinds including one-on-one, managing meetings and presenting to larger groups. The training will look at your individual impact, and enable you to deliver a more natural, powerful and influential presentation in any online setting.

Paired with a tutor specific to your needs, this training will focus on:

- Online communication skills development
- Personal impact and presence
- Body language and gesture
- Speaking with clarity
- Ensuring collective understanding

Through a series of fast, fun games and exercises, participants will explore new ways of interacting with each other. Interactive by nature, this session focuses on awareness, observation, spontaneity and creativity.

Built on the principles of improvisation, the primary purpose is to enhance communication skills between team members. Sessions also help participants to create an environment where ideas are generated and people feel safe to offer their opinions, communicate and stay innovative.

This unique team building session will enable your team to:

- Enhance communication skills
- Promote creativity
- Work towards a common goal
- Encourages team building

Designed to energise your team for January, this two-hour session will equip participants with creative options for being spontaneous generating higher levels of engagement within the team.

By incorporating acting and improvisation techniques, New Year Revolution focuses on energising and engaging teams during that period of January Blues. It will help participants to create an environment where ideas are generated, encouraging a safe space to create and innovate.

- Team Motivation
- Cultivating energy & generating ideas
- Boosting confidence

This is a series of one hour sessions over 5 days Monday - Friday.

Each day will present an opportunity for your team to engage in a fun and creative way culminating in a presentation of their own creations at the end of the week.

Motivate and inspire your team through interactive, fun and high energy online sessions with one of our experts in stand- up comedy, Sharon Mannion. These workshops are designed to push participants creatively, let go of their fear and improve their ability to work as a team. We ensure comedy is at the heart of these sessions, keeping tone lighthearted and engaged.

A common thread throughout is your brand's individual message, keeping your company's ethos at heart.

Monday:

- Group warm up exercises
- Project introduction
- Divide the group into teams
- Provide each group with a theme

Tuesday – Thursday:

- Group warm ups
- Breakout sessions for team rehearsals
- Teams given a variety of stimuli (eg styles/ props) & guidance to devise their creation

Friday:

Performance day: The last day will consist of each team performing their own play. The group will also do group debrief session addressing learning outcomes.

LEARNING OUTCOMES:

- *Team Motivation
- *Cultivating creativity & generating ideas
- *Risk taking
- *Energy & confidence enhancements
- *Making others feel safe to offer their opinions
- *General team & relationship building



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OUR TRAINERS



DONAL COURTNEY

Donal graduated from The Gaiety School of Acting in 1991. Since then he has worked as an actor, director, writer and facilitator in Ireland and abroad. He completed an MA in Theatre at NUI Maynooth, 2013. He has built a strong personal reputation as a facilitator and coach where his intervention has helped his clients unlock their potential and discover a more confident approach to successful communication. He leads communication skills and leadership training, applying his skills as a theatre practitioner to body, breath and voice work in an accessible and effective manner. He implemented trainings at Teradata, Deloitte, LinkedIn, Facebook, Google, Salesforce and Accenture.



SHARON MANNION

Sharon Mannion is an actor, comedian and facilitator based in Dublin. Her workshops in Improvisation promote confidence, enhance listening, encourage creative problem solving, foster better communication, build trust and support within teams, enhance focus, concentration and clarity in decision making and promote agreement through conflict. She also provides workshops in Stand Up and Storytelling which focus on, as well as the above, developing material, finding and presenting your inner 'funny', dealing with stage fright, creating audience rapport and more. Previous clients include Google, Creative Events, and for the past six years she has worked closely with Hosca and John Kenna Training Consultants as part of their Good Management Programmes



SEAMUS QUINN

Seamus qualified from NUI Maynooth. He specialises in personal impact and influencing through voice, physicality and rapport and has a particular interest in innovation through creativity in the workplace. Seamus has worked extensively as a communication skills consultant, trainer, coach and role-player for over ten years. He has designed and implemented trainings at Google, Guinness Storehouse, Deloitte, LinkedIn and Facebook.

Contact our Corporate Coordinator Anna at educate@gaietyschool.com to discuss how we can work together.

“Through a series of workshops the Gaiety School of Acting has worked with the Guinness Storehouse to develop a great platform for engagement and confidence building. Our aim in the Guinness Storehouse is to provide an entertaining experience for our visitors and the Gaiety School of Acting did provide us with entertaining training techniques which helped us achieve this. The feedback has been very positive and we look forward to our next training day.”

– Guinness Storehouse Tour

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Some of our previous clients.

GUINNESS
STOREHOUSE
A Taste of Guinness Dublin

daa 
Údarás Aerfort Bhaile Átha Cliath
Dublin Airport Authority

Aol.

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